

Be a Hero!

Know the Signs of Type 1 Diabetes



Drawn by Otis aged 5 and living with Type 1 Diabetes

and you could help save a life!

Type 1 Diabetes is an auto-immune condition in which the body's own immune system attacks the cells in the pancreas which produce insulin. We do not know what causes Type 1 Diabetes, although it is not linked to lifestyle factors. There is currently no cure and it cannot be prevented. There are currently around 413,000 people living with Type 1 Diabetes in the UK and approximately 33,000 of them are children.

www.digibete.org