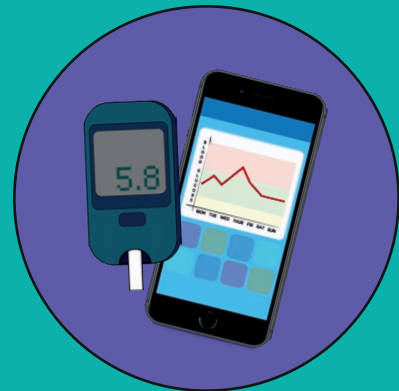


**! THERE ARE RISKS FOR PREGNANCY WHEN YOU HAVE TYPE 1 DIABETES !**



**PLANNING TO HAVE A BABY AND TAKING CARE TO KEEP YOUR GLUCOSE LEVELS IN RANGE WILL HELP MINIMISE THESE RISKS**

**TALK TO YOUR DIABETES TEAM AS SOON AS POSSIBLE IF YOU THINK YOU MIGHT BE PREGNANT OR IF YOU WANT TO THINK ABOUT GETTING PREGNANT. THEY WILL REFER YOU TO THE RIGHT SERVICE**



**THERE ARE SEPARATE PRECONCEPTION AND ANTENATAL CLINICS FOR WOMEN WITH DIABETES PLANNING A PREGNANCY OR DURING PREGNANCY**



**ALL PREGNANT WOMEN WITH T1D CAN HAVE THE USE OF A CONTINUOUS GLUCOSE MONITOR, PAID FOR BY THE NHS, TO HELP THEM MANAGE THEIR BLOOD GLUCOSE DURING PREGNANCY, SPEAK TO YOUR TEAM ABOUT THIS**

