

# Tips For Keeping Tech

**If you are worried about losing access to your diabetes technology, speak with your current team and find out why they may take funding away.**

**As long as you are using your technology effectively there is no reason it should be taken away from you.**

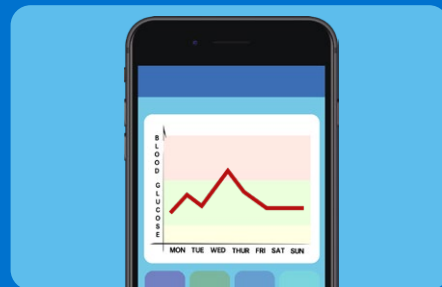


**Are you giving insulin regularly with food using the pump?**

**Are you inputting data from your sensor or glucose meter into the pump if this does not happen automatically?**



**Are you looking at your data and taking action to make adjustments to insulin if your levels are out of range often?**



**Or if your time in range is less than 70% a lot of the time?**



**If you need further help with issues you are facing with keeping your technology you can contact**



**Breakthrough T1D™**

Formerly JDRF

**Community  
Engagement Team**

**[outreach@breakthrought1d.org.uk](mailto:outreach@breakthrought1d.org.uk)**



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**More resources can be found in the DigiBete app or on the DigiBete website**

**[www.digibete.org](http://www.digibete.org)**



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