

Elf-Management Week!

Elf says "he hopes you all stay really well over the Christmas period but just in case you are feeling under the weather, don't forget that the Sick Day Rules film is there to help as well as your diabetes team... You can find this on the play button (at the bottom of your App's homepage) then in the Essentials section in your App."

❄️ Take Care ❄️



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